

TEXAS HEALTH STEPS

Claims Training and More Information on Texas Health Steps

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OBJECTIVE

The end result of this training will be to assist providers in a basic understanding of THSteps checkups and the claims process.

Who Will Benefit From This Training?

- > Providers
- > Office Managers
- > Coding and Billing Staff
- > Nurses



PURPOSE

- > To increase the understanding of Cigna-HealthSpring's Texas STAR+PLUS obligation in the THSteps program and the importance of a clean claim.
- > To further a basic understanding of a timely THSteps medical checkup.
- > To consistently improve the rate of timely THSteps medical checkups



FOCUS

- > Overview of the THSteps Program
- > Overview of Cigna-HealthSpring's Texas STAR+PLUS Obligations in THSteps Program
- > Overview of what is timely THSteps Medical Checkup
- > Understanding the difference between a New and Existing member in relation to the annual THSteps report
- > Relationship of claims to the annual THSteps annual report
- > Basic understanding of a THSteps claim, including the variables with three different types of providers



WHAT IS TEXAS HEALTH STEPS?

Texas Health Steps (THSteps) is the name adopted by the State of Texas for the federally mandated Early and Periodic Screening, Diagnosis and Treatment (EPSDT) program. It includes the State's Comprehensive Care Program (CCP) extension to EPSDT, which adds medically necessary services not covered by the state plan.

WHAT ARE TEXAS HEALTH STEPS SERVICES?

- > Periodic preventive care medical checkups (THSteps medical checkup)
- > Dental checkups and treatment
- > Comprehensive Care Program (CCP) including Private Duty Nursing (PDN)



WHAT IS CIGNA HEALTHSPRING'S TEXAS STAR+PLUS OBLIGATION?

- > Cigna HealthSpring Texas STAR+PLUS is obligated to facilitate timely THSteps checkups to those members requiring them
- > The Cigna-HealthSpring Texas STAR+PLUS Provider Network is a vitally important component in the steps necessary to ensure the checkups occur



CIGNA-HEALTHSPRING'S SERVICE COORDINATORS ARE RESPONSIBLE FOR:

- > Identifying and organizing services for Children of Migrant Farmworkers;
- > Managing outreach efforts with statewide groups;
- > Working with providers to deliver **accelerated services**
- > Setting up appointments with PCPs;
- > Arranging for Continuity of Care when families are preparing to migrate.



WHAT IS A TIMELY THSTEPS MEDICAL CHECKUP?

- > **New** Cigna HealthSpring Texas STAR+PLUS members
 - THSteps checkup within 90 days of enrollment

- > **Existing** Cigna HealthSpring Texas STAR+PLUS members
 - checkup that occurs within 60 days after the periodic due date for children under 3 years
 - checkup that occurs within the 364 calendar days of the child's birthday for children 3 years and older
 - Checkup needs to occur after due date



STATE FISCAL YEAR

The state fiscal year (SFY) or reporting period starts September 1st thru August 31st. This will be important in determining if the member is considered a new member with Cigna-HealthSpring Texas STAR+PLUS or an existing member. The status of new or existing affects when the child needs to be seen.

Example:

9/1/12-8/31/13 = SFY 2013

9/1/13-8/31/14 = SFY 2014

9/1/14-8/31/15 = SFY 2015



WHAT DETERMINES IF THE MEMBER IS NEW OR EXISTING DURING THE SFY?

New Member

- > Has never been previously enrolled with Cigna-HealthSpring Texas STAR+PLUS for 90 consecutive days
- > Does not reach 21yrs during the initial 90 days or more continuous days of enrollment

Existing Member

- > Has not previously counted as a New Member for Reporting Period (SFY)
- > Does not turn 21yrs during the reporting period
- > Has one period during reporting period of 90 continuous days of enrollment



FEDERALLY MANDATED COMPONENTS OF A THSTEPS MEDICAL CHECKUP

The Texas Health Steps checkup is a comprehensive medical checkup and must include the following age-appropriate services as set out in the Texas Health Steps Medical Checkup Periodicity Schedule.

- > Comprehensive health and development history, including developmental and nutritional assessment
- > Comprehensive unclothed physical examination including measurements
- > Appropriate immunizations as indicated in the recommended Childhood and Adolescent Immunization Schedule – United States
- > Laboratory tests as indicated on the Periodicity Schedule (including lead blood level assessment appropriate for age and risk factors, anemia, and newborn screening)
- > Health education (including anticipatory guidance)
- > Vision and hearing screening
- > Referral to dental checkups beginning at (6) months of age



WHAT IS THE PERIODICTY TABLE?

A table that identifies the federal and state required components of a THSteps checkup according to child's age



WHAT CAN CIGNA-HEALTHSPRING TEXAS STAR+PLUS USE TO DOCUMENT A REPORTABLE THSTEPS MEDICAL CHECKUP?

A paid claim that show a timely THSteps medical checkup is the best means of documenting that a timely checkup occurred



THSTEPS MEDICAL CHECKUP CLAIMS: A CLOSER LOOK

- > Due Date of THSteps Medical Checkup
- > Date of Service
- > Status of Claim
- > Provider identifier
- > Benefit Code
- > Place of Service (POC)
- > ICD-10 Diagnosis Code
- > CPT code
- > Modifiers



WHO CAN BE A THSTEPS MEDICAL PROVIDER?

The following provider types may provide Texas Health Steps preventive services within his/her individual scope of practice:

- > Physician Or Physician Group (MD Or DO)
- > Physician Assistant (PA)
- > Clinical Nurse Specialist (CNS)
- > Nurse Practitioner (NP)
- > Certified Nurse Midwife (CNM)
- > Federally Qualified Health Center (FQHC)
- > Rural Health Clinic (RHC)

Health-care provider or facility with physician supervision including but not limited to:

- > Community-based Hospital And Clinic
- > Family Planning Clinic
- > Home Health Agency
- > Local or Regional Health Department
- > Maternity Clinic
- > Migrant Health Center
- > School-Based Health Centers



PROVIDER IDENTIFIER, BENEFIT CODE, AND PLACE OF SERVICE

Provider Identifiers

- > NPI #
- > TPI #

Benefit Code

- > EP1

Place of Service

- > 72



CPT CODES

- > Newborn – 9months
 - 99381 or 99391
 - > 12months – 4yrs
 - 99382 or 99393
 - > 5yr – 11yr
 - 99383 or 99393
 - > 12yr – 17yr
 - 99384 or 99394
 - > 18yr – 20yr
 - 99385 or 99395
- > 99381 thru 99385 – new patient (to provider's practice) well child exam
 - > 99391 thru 99395 – established patient (to provider's practice) well child exam



MODIFIERS

AM, SA, TD, and U7 indicates that the practitioner who is performing the unclothed physical examination component of the medical checkup.

- **AM** : physician, team member service
- **SA** : nurse practitioner rendering service in collaboration with a physician
- **TD** : registered nurse (except with FQHC or RHC)
- **U7** : physician assistant
- **EP** – indicates THSteps services (FQHC only)
- **25** – use to describe circumstances in which an office visit was provided at the same time as other separately identifiable service



MODIFIERS (CONTINUED)

- > THSteps Exceptions to Periodicity
 - **SC** : medically necessary service or supply

 - **23** : unusual anesthesia

 - **32** : mandated services (state or federal exam required for Head Start, Daycare, Foster care, or Preadoption)



SICK VISIT WITH A THSTEPS CHECKUP

Acute Care Visit with Preventative Care Visit:

- > Bill two claims
- > One for the checkup
- > 2nd for sick
 - Use modifier **25**
 - DO NOT USE benefit code EP1



RURAL HEALTH CLINICS - RHC

- > Benefit Code : EP1
- > Provider Identifier : Rendering Provider's TPI #
- > Place of Service : 72
- > ICD-10: Z00.121 (child w/ abnormal findings), Z00.129 (child w/o abnormal findings), Z00.110 (newborn under 8 days), OR Z00.111 (newborn 8 to 28 days)
- > CPT : 99381 - 99385 or 99391 - 99395
- > Modifier : AM, SA, or U7



TEXAS MEDICAID PROVIDER

- > Texas Medicaid Provider
- > Benefit Code : EP1
- > Provider Identifier : TPI #
- > ICD-10: Z00.121 (child w/ abnormal findings), Z00.129 (child w/o abnormal findings), Z00.110 (newborn under 8 days), OR Z00.111 (newborn 8 to 28 days)
- > CPT : 99381-99385 or 99391-99395
- > Modifier : AM, SA, TD, U7



FEDERALLY QUALIFIED HEALTH CENTERS FQHC

- > Provider Identifier : Clinic NPI #
- > ICD-10: Z00.121 (child w/ abnormal findings), Z00.129 (child w/o abnormal findings), Z00.110 (newborn under 8 days), OR Z00.111 (newborn 8 to 28 days)
- > CPT : 99381 - 99385 or 99391 - 99395
- > Modifier : AM, SA, or U7
- > Modifier : EP



LABORATORY SERVICES

- > Some specimens related to THSteps medical checkups must be submitted to the Texas Department of State Health Services (DSHS) Laboratory. The lab processes these tests at **no charge to the provider**. Lab test results are mailed or faxed back to the provider to share with the Member.
- > Specimens related to testing for HIV, Syphilis, type II Diabetes and hyperlipidemia can be submitted to the DSHS laboratory or a lab of the Provider's choosing.
- > Providers with a CLIA Certificate of Waiver may perform initial blood lead testing in the office using a point of care device. Confirmatory lead tests may be performed by a lab of the Provider's choosing.



LABORATORY SERVICES (CONT.)

> DSHS Laboratory Services Contact Info:

Phone Toll Free: (888) 963-7111, ext. 7318

Phone: (512) 776-7318

Fax: (512) 776-7294

> For complete specimen collection instructions and addresses to submit specimens go to:

http://www.dshs.state.tx.us/lab/cc_spec-col.shtm and

<http://www.dshs.state.tx.us/lab/labMailingShipping.shtm>



MEDICAL TRANSPORTATION PROGRAM (MTP)

- > Medical Transportation services are available and include rides to healthcare service by bus, taxi, van, airfare, gas money, mileage reimbursement as well as meals and lodging when away from home.
- > Tarrant Members call MTP at (855)687-3255 Monday to Friday, 8 a.m.-5 p.m. Central Time
- > Hidalgo Members call MTP at (877)633-8747 Monday to Friday, 8 a.m.-5 p.m. Central Time



TO PROVIDE THSTEPS SERVICES, FIRST ENROLL AS A THSTEPS PROVIDER

On-line Enrollment Through Texas Medicaid & Healthcare Partnership (TMHP)

- > Step 1 - Go to www.tmhp.com and click on “Providers” at top of screen
- > Step 2 - Click on “Enroll Today!” top right of screen
- > Step 3 - Scroll down to the bottom and click on the blue hyperlink that says “click here to activate your account”
- > Step 4 – See welcome page of the “Account Activation” portion of TMHP.com and follow instructions



TO PROVIDE THSTEPS SERVICES, FIRST ENROLL AS A THSTEPS PROVIDER (CONT.)

Enrollment By Phone or Mail Through TMHP

Request enrollment package from TMHP by

Phone: (800)925-9126

Mail: Texas Medicaid & Healthcare Partnership
ATTN: Provider Enrollment
PO Box 200795
Austin, TX 78720-0795

- > Keeping contact information updated ensures accurate provider directories and on-line provider lookup services.



TMHP GENERAL CONTACT INFORMATION

- > TMHP General Inquiries: (800)925-9126
- > Texas Health Steps Dental: (800)568-2460
- > Field-based Texas Medicaid & Healthcare Partnership ([TMHP](http://www.tmhp.com/Pages/SupportServices/PSS_Reg_Support.aspx)) [Medicaid Provider Relations Representatives](http://www.tmhp.com/Pages/SupportServices/PSS_Reg_Support.aspx) are available to assist and train Medicaid providers. For regional support services or information about training from TMHP visit: http://www.tmhp.com/Pages/SupportServices/PSS_Reg_Support.aspx
- > http://www.tmhp.com/Pages/Education/Ed_Home.aspx



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